



UPMC | University of Pittsburgh
Medical Center

Western Psychiatric
Institute and Clinic
of UPMC Presbyterian Shadyside
Office of Education and
Regional Programming

**Winter
2009**

Addiction Medicine Training Series

*Includes information and registration form for the entire series.
Please register as soon as possible; space is available on a limited basis.*

*For further information regarding the training, please contact:
Nancy Mundy (412) 802-6900*

Evidence-Based Treatments for Addiction: Motivational Incentives

January 9, 2009
9 a.m. - 12 p.m.
UPMC Quantum Building
Room 151
2 Hot Metal Street
Pittsburgh, PA 15203
Course Code: MB12

Presenters:

Thomas M. Kelly, PhD
Addiction Medicine Services
Program Director, Adolescent Dual Diagnosis Program
Assistant Professor of Psychiatry
Western Psychiatric Institute and Clinic

Program Description:

Motivational Incentives Programs (MIP), sometimes referred to as contingency management, are valuable adjuncts for the treatment of addiction. These programs involve reinforcement of desired behavior by providing incentives to patients in the form of prizes for engaging in target behaviors, e.g., group therapy attendance, drug-free urines. This workshop will cover: 1) the theory that underlies MIP, 2) how MIP fit with other models of addiction treatment, 3) the seven principles that must be considered when developing a successful MIP program, and 4) a review of a MIP that is being used in addiction treatment at WPIC.

Educational Objectives:

At the conclusion of this program participants should be able to:

1. Review the behavioral theory, rationale, and challenges to MIP
2. Develop an understanding of how MIP fit with other models of addiction treatment
3. Identify the seven principles and general guidelines for developing MIP programs

Target Audience:

This program is directed toward clinicians and other professionals from both the mental health and substance abuse treatment fields who work with individuals with co-occurring disorders.

Continuing Education Credits:

ACT 48 – 3.0	CPRP – 3.0	PSYCHOLOGIST – 3.0
CAC – 3.0	NBCC – 3.0	SW – 3.0
CEU – 0.3	PCHA – 3.0	

TUITION: \$50.00

WPIC and UPMC Presbyterian Shadyside employees: \$25.00 — **Fee Waived for Addiction Medicine Staff**
Full tuition must accompany the registration form. Refunds must be requested in writing two weeks prior to the program or a \$15.00 administrative fee will be deducted.

To register: Please complete the attached registration form or download the form at

www.wpic.pitt.edu/oerp

Contact: Program Coordinator **Joanne Slappo, PhD, CPRP, CRC** (412) 802-6918
Registration **Nancy Mundy** (412) 802-6900

Telephone registrations CANNOT be accepted

Impact of Substance Use Disorders on Children and Families

February 20, 2009 9 a.m. - 4 p.m. Western Psychiatric Institute and Clinic Room 413 A & B 3811 O'Hara Street Pittsburgh, PA 15213 Course Code: MB13		
Presenters:		
Cele Fichter-DeSando, MPM Prevention Director Addiction Medicine Services Western Psychiatric Institute and Clinic	Susan Huckestein, MAT, CPS Clinical Educator Addiction Medicine Services Western Psychiatric Institute and Clinic	
Program Description:		
Substance use disorders (SUDs) are common among adolescents and adults, including those with co-existing psychiatric disorders. SUDs often have an adverse impact on the family system and individual members, including children. This program will review prevention and intervention with children and families who have a member with a SUD or dual disorder. Specific strategies to help families will be reviewed, which can be used in a variety of education and treatment contexts.		
Educational Objectives:		
At the conclusion of this program participants should be able to: <ol style="list-style-type: none"> 1. Review the impact of SUDs and dual disorders on the family 2. Identify prevention and intervention approaches for helping children 3. Identify strategies to helping parents and families recover even if their family member is not in recovery 		
Target Audience:		
This program is directed toward clinicians and other professionals from both the mental health and substance abuse treatment fields who work with individuals with co-occurring disorders.		
Continuing Education Credits:		
ACT 48 – 6.0	CPRP – 6.0	PSYCHOLOGIST – 6.0
CAC – 6.0	NBCC – 6.0	SW – 6.0
CEU – 0.6	PCHA – 6.0	
TUITION: \$80.00		
WPIC and UPMC Presbyterian Shadyside employees: \$50.00 — Fee Waived for Addiction Medicine Staff Full tuition must accompany the registration form. Refunds must be requested in writing two weeks prior to the program or a \$15.00 administrative fee will be deducted.		
To register: Please complete the attached registration form or download the form at <p style="text-align: center;">www.wpic.pitt.edu/oerp</p>		
Contact:	Program Coordinator Registration	Joanne Slappo, PhD, CPRP, CRC Nancy Mundy (412) 802-6918 (412) 802-6900
<u>Telephone registrations CANNOT be accepted</u>		

Co-Occurring Disorders: Treatment Planning and Documentation Issues

March 13, 2009

9 a.m. - 4 p.m.

**Western Psychiatric Institute and Clinic
Room 413 A & B
Pittsburgh, PA 15213
Course Code: MB14**

Presenters:

Joseph Bindas, MA, CAC, LPC
Program Coordinator
Alcohol Highway Safety and
Underage Drinking Programs
WPIC

Thomas Matura, MA
Psychiatric Specialty Counselor
CROMISA
WPIC

Jack Wozniak, MEd, LPC
Program Director
CROMISA
WPIC

Program Description:

This seminar provides an opportunity for participants to review the principles of collaborative treatment planning, including working from the comprehensive assessment; using stage of change theory; identifying and mutually setting long- and short-term goals; identifying steps for accomplishing goals, the persons responsible, and a defined time line; and reviewing and altering such plans when necessary. Progress tracking is reviewed, including how to write clear and concise notes, and the principles for what to include and who may review them. Building on previous seminars, this course focuses on effective engagement and treatment principles and the practices of writing and reviewing plans and related documentation.

Educational Objectives:

At the conclusion of this program participants should be able to:

1. Review the principles and processes which support thorough and accurate assessment and diagnosis, including cultural diversity issues
2. Explore each step in the treatment/service planning, its rationale, and the similarities and differences in service and treatment planning
3. Discuss the use of change theory and motivational interviewing in "planning to plan"
4. Define the components of integrated planning from a recovery and strengths perspective, including the principles of collaboration and choice
5. Identify means of writing brief and useful progress notes and using them with the person to assess progress and use strategies that support movement toward positive outcomes

Target Audience:

This program is directed toward clinicians and other professionals from both the mental health and substance abuse treatment fields who work with individuals with co-occurring disorders.

Continuing Education Credits:

ACT 48 – 6.0	CPRP – 6.0	PSYCHOLOGIST – 6.0
CAC – 6.0	NBCC – 6.0	SW – 6.0
CEU – 0.6	PCHA – 6.0	

TUITION: \$80.00

WPIC and UPMC Presbyterian Shadyside employees: \$50.00 — **Fee Waived for Addiction Medicine Staff**
Full tuition must accompany the registration form. Refunds must be requested in writing two weeks prior to the program or a \$15.00 administrative fee will be deducted.

To register: Please complete the attached registration form or download the form at

www.wpic.pitt.edu/oerp

Contact: Program Coordinator Joanne Slappo, PhD, CPRP, CRC (412) 802-6918
Registration Nancy Mundy (412) 802-6900

Telephone registrations CANNOT be accepted

Continuing Education Credit

EACH PROGRAM IS OFFERED FOR THE DESIGNATED NUMBER OF CONTINUING EDUCATION CREDITS

CERTIFIED ADDICTION COUNSELORS/CERTIFIED CO-OCCURRING DISORDERS PROFESSIONAL: CAC/CCDP

The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic is certified by the Pennsylvania Certification Board (PCB) to provide Certified Addiction Counselor (CAC) and Certified Co-Occurring Disorders Professional (CCDP) continuing education credits.

COUNSELORS: NBCC

Western Psychiatric Institute and Clinic is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. Western Psychiatric Institute and Clinic adheres to the NBCC Continuing Education Guidelines.

EDUCATORS: ACT 48

Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. Western Psychiatric Institute and Clinic adheres to the Act 48 Continuing Education Guidelines.

MENTAL HEALTH PROFESSIONALS: CEU

Nurses and other health care professionals are awarded the designated number of Continuing Education Units (CEU). One CEU is equal to 10 contact hours.

CERTIFICATE OF ANNUAL ADMINISTRATOR TRAINING – PERSONAL CARE HOME ADMINISTRATORS

The indicated number of clock hours are approved by the Department of Public Welfare Bureau of Adult Residential Licensing. These clock hours may count towards the 24 hours of annual training for administrators required in **55 Pa. Code Chapter 2600** (relating to personal care homes).

PSYCHOLOGISTS:

Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for these programs and their content.

CERTIFIED PSYCHIATRIC REHABILITATION PRACTITIONERS: CPRP

The announced credit hours for each program can be applied to your training hours for the Certified Psychiatric Rehabilitation Practitioners (CPRP).

LICENSED/CLINICAL SOCIAL WORKERS, LICENSED PROFESSIONAL COUNSELORS, LICENSED MARRIAGE AND FAMILY THERAPISTS: LSW/LCSW/LPC/LMFT

The indicated number of clock hours of continuing education is provided through co-sponsorship of the University of Pittsburgh School of Social Work, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Council on Social Work Education. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For information of social work continuing education, call (412) 624-3711.

DIRECTIONS

UPMC Quantum Building, Room 151 2 Hot Metal Street Pittsburgh, PA 15203

From the North: Take I-79 South to I-279 South (Exit 21, 2 miles south of Wexford/Route 910). Take I-279 South to Exit 8 (follow the sign that reads "I-376 Monroeville"). Merge onto Fort Pitt Boulevard. Continue on Fort Pitt Boulevard, past three traffic lights and a blinking traffic signal, to Smithfield Street. Turn right and cross the Smithfield Street Bridge to East Carson Street. Turn left onto East Carson. Follow East Carson Street to Hot Metal Street. Turn left onto Hot Metal Street, the Quantum Building will be on your left.

From the South: Take Route 51 North to the Liberty Tunnels. Get in the right lane and proceed through the tunnel. At the traffic light just at the end of the tunnel, turn right onto P.J. McCardle Roadway. At the next traffic light, turn left onto Arlington Avenue. At the next traffic light, make a sharp right onto East Carson Street. Follow East Carson Street to Hot Metal Street. Turn left onto Hot Metal Street, the Quantum Building will be on your left.

From the Southeast: Take Route 51 North to Maytide Street. Turn right onto Maytide Street; go approximately 0.5 mile. Turn left onto Biscayne Drive (follow the Blue Belt). After .25 mile, after crossing Brownsville Road, Biscayne becomes Becks Run Road. Follow Becks Run Road for 2.5 miles; turn left onto East Carson Street (Route 837). Follow East Carson Street to Hot Metal Street. Turn right onto Hot Metal Street, the Quantum Building will be on your left.

From the West (Airport Area): Take I-279 North. Get into the right lane as you approach the Fort Pitt Tunnel. Take Exit 7A (the last exit before the tunnel) and follow signs to Route 51 South. Follow Route 51 South to the Liberty Tunnel. Turn left and proceed through the tunnel. At the traffic light just at the end of the tunnel, turn right onto P.J. McCardle Roadway. At the next traffic light, turn left onto Arlington Avenue. At the next traffic light, make a sharp right onto East Carson Street. Follow East Carson Street to Hot Metal Street. Turn left onto Hot Metal Street, the Quantum Building will be on your left.

From the East: Take the Pennsylvania Turnpike to Exit 6, Pittsburgh/Monroeville. Take I-376 West to the Boulevard of the Allies by following the sign that reads "I-579/Crosstown Boulevard." Follow Boulevard of the Allies to Seneca Street; turn right. Follow Seneca Street to Forbes Avenue; turn right. Follow Forbes about one block, to the ramp for the Birmingham Bridge. Merge onto the Birmingham Bridge. At the traffic light at the end of the bridge, turn left onto East Carson Street. Follow East Carson Street to Hot Metal Street. Turn left onto Hot Metal Street, the Quantum Building will be on your left.

Western Psychiatric Institute and Clinic, Room 413 A & B 3811 O'Hara Street Pittsburgh, PA 15213 412-624-2100

Via the PA Turnpike and Interstate 376: Take exit 57, Pittsburgh/Monroeville, to Interstate 376 West. Follow the interstate to Exit 3B, Oakland (Bates Street). Follow Bates Street to the second stoplight; turn left onto Atwood Street. Follow Atwood to the next stoplight at Forbes Avenue; turn right onto Forbes and immediately get into the far left lane. Take a left onto Oakland Avenue at the next stoplight. At the next light, go straight. Oakland Avenue will immediately become Desoto Street. Drive up the hill to the stoplight and take a right turn at the light onto O'Hara Street. WPIC is the first building on the left. There is a parking garage next door that is open for public use.

Via Interstates 79/279 from the North: Take Interstate 79 south to Interstate 279 south (two miles south of Wexford/Route 910). Near downtown, take exit 8A to Interstate 579, and follow signs to Interstate 376 east via the Boulevard of the Allies. Take Forbes Avenue/Oakland exit left; do not continue on Interstate 376 east. Bear right onto the Forbes Avenue access ramp, and follow Forbes to Oakland Avenue; turn left onto Oakland Avenue. At the next light, go straight. Oakland Avenue will immediately become Desoto Street. Drive up the hill to the stoplight and take a right turn at the light onto O'Hara Street. WPIC is the first building on the left. There is a parking garage next door that is open for public use.

Via Interstates 79/279 from the South: Take Interstate 79 north to Exit 59A. Take Interstate 279 North, following signs to Interstate 376 east. Take 376 east and exit at Forbes Avenue/Oakland (Exit 2A). Follow Forbes to Oakland Avenue. Turn left onto Oakland Avenue. At the next light, go straight. Oakland Avenue will immediately become Desoto Street. Drive up the hill to the stoplight and take a right turn at the light onto O'Hara Street. WPIC is the first building on the left. There is a parking garage next door that is open for public use.

